**Food Insecurity**

**Brainstorm**

**9/13/2018**

**Distribution**

Food pantry

Food waste

Food drive

Wasted food that others could use

**Policy**

SNAP

Bureaucracy

Chaos different agencies fighting hunger

**Predictors**

Poverty

Disability

Elderly

Underprivileged

Inequality

Socioeconomics

Lack of education

**Nutrition**

Food desert

Fast food

Processed/Prepared foods

Excess starch and sugar

**Barriers**

Lack of transportation

Lack of access to healthy food

Lack of availability

Cost of healthy food

Tough choices (e.g. food or medicine?)

Uncertainty of having enough food for the month

**Effects**

Hunger

Starvation

Malnutrition

Depression

Hopelessness

Hungry children

Jobless parents

Insecure families

Vulnerable families

**Children**

Hungry kids

School lunches: free/reduced

Backpack programs

Parent skip means for their kits

Hungry kids in the summer

**Effects on Kids**

Unable to learn

Lagging in school

Unrealized potential

**Reoccurring themes:**

- poverty

- childern